

**BH**

# ENEKO LLANOS

## Pro Triathlete and Olympian



Eneko Llanos has been racing competitively since 1993. He is one of the best-known, and well-respected triathletes beyond Spain's borders.

Eneko Llanos discovered the world of triathlon through his brother Hektor. In 1995, Eneko won the Triathlon Spanish Championship in the Junior category and it was then that he decided to become a pro. His perseverance earned him a place in the 2000 Olympic Games, held in Sydney, and 2004 Olympic Games in Athens.

He is a three-time XTERRA World Champion, nine-time Zarautz triathlon champion and won Ironman Arizona 2011 with a course record of 7:59:38.

*"I use the elliptical as a compliment if I have any sort of injury. I like its sturdiness, its resistance and it's a reliable machine. The vibration platform is good for almost anything: stretching, relaxing or toning. Many possibilities in a short period of time, it's an excellent compliment to my training with positive results."*



## STATS

### 2012

Spanish Athlete of the Year  
3rd Abu Dhabi Triathlon  
4th Ironman de Melbourne  
1st Triatlón de Zarautz  
1st Triatlón de San Sebastián  
1st Triatlón Half ICAN de Valladolid

### 2011

1st Cto. de España Triatlon Blanco, Reinosa  
1st I Can Marbella, Málaga  
1st Ironman Texas Memorial Hermann, Texas USA  
2nd Triatlon de Zarautz Tri Grand Prix series  
3rd Cto Mundo XTerra Maui  
1st Ironman Arizona

### 2010

2nd Cto. de España Triatlon Blanco, Ansó  
1st Triathlon Internacional de Abu Dhabi  
3rd AVIA-Wildflower Triathlon, (California, USA)  
1st Ironman de Lanzarote

1st Triatlon de Zarautz

1st Cto. de Europa de Triatlon de Larga Distancia, Vitoria-Gasteiz

3rd Roth Challenge (Germany)

3rd Copa del Rey por equipos, A Coruña

1st I Can Triathlon, Mallorca

### 2009

1st Triatlon Dobleolímpico de Arinaga, Gran Canaria,  
Copa de España de Larga Distancia, 29/3/09

3rd Cto. de España Triatlon Blanco, Benasque

2nd AVIA-Wildflower Triathlon, (California, USA)

3rd Triatlon Internacional de San Sebastian Memorial Onditz

1st Triatlon de Zarautz

1st Copa del Rey por equipos, Gijón

2nd Ironman de Frankfurt (Germany), Subcampeón de Europa

1st Cto. de España de Triatlon Cross, Zarza de

