

BH

NICHOLAS WARD MUÑOZ

Pro Triathlete



The British-born Spanish triathlete Nicholas Ward has just joined the large family of sports people representing the international firm BH in triathlons around the world. Born in Derby, England, but raised in Lanzarote, Spain, Ward has been a pro since 2008 to great results. He has entered the Long Distance Triathlon European Championships and Ironman Hawaii.

In 2010, he was 6th in Ironman Lanzarote, 5th in the Gran Canaria Long Distance Triathlon, and 9th in the Challenge Barcelona-Maresme. The year before, he had landed 5th in Ironman UK, 4th in TriStar Estonia, and 4th in the Long Distance Triathlon Spanish Championships too.

Nicholas is passionate about Ironman Lanzarote, a race he fell in love with when he was a little boy and a race he is set on winning before moving on to bigger challenges, like Ironman Hawaii.

To make his dreams come true, he relies on the latest-technology road and triathlon bikes by BH, GC Aero and G5, as well as on Ultimate, the firm's MTB and cross duathlon model –a discipline for which his expectations are high, too.

"I love training on an indoor cycle. Its ergonomics, adjustment capabilities, its control frames... there are many possibilities to adjust in order to find a position similar to my racing bike. Truthfully, I've taken quite a liking to them"

STATS

2010

9th Challenge Barcelona Maresme
3rd Ocean Lava Triathlon (1/2dist)
11th Challenge Copenhagen
4th Tristar Estonia
11th Campeonato de Europa de Triatlon de Larga Distancia
6th Ironman Lanzarote
6th Volcano Triatlon
7th Triatlon ½ Dist Elche
5th Triatlon L.D G.Canaria.Campeon de Canarias L.D
1st II Duatlón Primavera en Costa Teguisse 2010
1st Acuatlon de Puerto del Carmen

2009

5th Ironman UK
4th Campeonato de Europa de Triatlon de Larga Distancia
4th Triatlon de Buelna ½ Dist
13th Ironman Lanzarote
6th Volcano Triathlon
4th Triatlon de Elche

2008

6th Triatlon L.D G.Canaria
4th Tristar Estonia
11th Challenge de Copenhagen
1st en el II Duatlón de La Candelaria
1st en el Duatlón de El Islote
2nd en el Duatlón de Yaiza

2008

6th Triatlon L.D Ibiza.
3rd Volcano Triathlon
3rd Triatlon G.Canaria. Copa España. Campeon Canarias L.D
1st en el Duatlón de El Islote
2nd en el Duatlón de Yaiza

