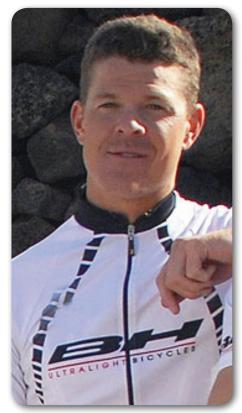


NICHOLAS WARD MUÑOZ

Pro Triathlete



The British-born Spanish triathlete Nicholas Ward has just joined the large family of sports people representing the international firm BH in triathlons around the world. Born in Derby, England, but raised in Lanzarote, Spain, Ward has been a pro since 2008 to great results. He has entered the Long Distance Triathlon European Championships and Ironman Hawaii.

In 2010, he was 6th in Ironman Lanzarote, 5th in the Gran Canaria Long Distance Triathlon, and 9th in the Challenge Barcelona-Maresme. The year before, he had landed 5th in Ironman UK, 4th in TriStar Estonia, and 4th in the Long Distance Triathlon Spanish Championships too.

Nicholas is passionate about Ironman Lanzarote, a race he fell in love with when he was a little boy and a race he is set on winning before moving on to bigger challenges, like Ironman Hawaii.

To make his dreams come true, he relies on the latest-technology road and triathlon bikes by BH, GC Aero and G5, as well as on Ultimate, the firm's MTB and cross duathlon model –a discipline for which his expectations are high, too.



"I love training on an indoor cycle. Its ergonomics, adjustment capabilities, its control frames... there are many possibilities to adjust in order to find a position similar to my racing bike. Truthfully, I've taken quite a liking to them"

STATS

2010

9th Challenge Barcelona Maresme 3rd Ocean Lava Triathlon (1/2dist) 11th Challenge Copenhague

4th Tristar Estonia

11th Campeonato de Europa de Triatlon de Larga Distancia

6th Ironman Lanzarote

6th Volcano Triatlon

7th Triatlon ½ Dist Elche

5th Triatlon L.D G.Canaria.Campeon de Canarias L.D

1st II Duatlón Primavera en Costa Teguise 2010

1st Acuatlon de Puerto del Carmen

2009

5th Ironman UK
4th Campeonato de Europa de Triatlon de Larga Distancia
4th Triatlon de Buelna ½ Dist
13th Ironman Lanzarote
6th Volcano Triathlon
4th Triatlon de Elche

6th Triatlon L.D G.Canaria 4th Tristar Estonia 11th Challenge de Copenhague 1st en el II Duatlón de La Candelaria 1st en el Duatlón de El Islote 2nd en el Duatlón de Yaiza

2008

6th Triatlon L.D Ibiza. 3rd Volcano Triathlon 3rd Triatlon G.Canaria. Copa España. Campeon Canarias L.D 1st en el Duatlón de El Islote 2nd en el Duatlón de Yaiza



